

Without Limits Productions LLC
XTERRA Lory - Off road triathlon

Pre-race Proposal/details

Proposed Date: Saturday June 17th, 2023

Start Time: 7:15 am - 8:15am

Max Cap: 275 athletes and 50 spectators

Insurance/Sanctioning:

Lance Panigutti is a certified USA Triathlon Organization Race Director

Without Limits Productions LLC, has applied for Sanctioning for this event through USA Triathlon Organization, the national governing body for triathlon. As a sanctioned race, and as USAT Certified Race Directors we intend to comply with all guidelines and best practices developed by USAT, Without Limits, Lory State Park, and Horsetooth Reservoir, that are specific to this race. Insurance will be provided through the sanctioning process, and will list Lory State park, and Larimer County as additionally insured specific to this event.

- 1.) Setup of the event will take place on the day prior to the event. Setup will begin at 8am on Friday June 16. The Finish Line area at Soldier Canyon will be set first, then the bike and run courses, followed by the transition area and swim course. Event setup is normally completed by 5-6 pm. Cleanup of the event will begin immediately following the completion of each leg of the event. I.E. once all swimmers are clear of the swim course that course will be cleaned up. The final event cleanup is typically completed by 3pm the same day.
- 2.) The First Aid/Medical plan is attached. The brief overview is that we will comply with USAT guidelines and provide 1 lifeguard for every 50 athletes in the water. The lead kayaker provided by WLP, will set up to monitor and aid any struggling swimmers on the course. Additionally, some Without Limits Staff are American Red Cross certified lifeguards, first aid, CPR, and AED. Certified EMTs provided at the expense of Without Limits Productions will be on site and available for medical emergencies.
- 3.) Without Limits will provide an insurance certificate naming "Lory State Park" and "Larimer County" as additionally insured prior to the race. Insurance will be obtained through USA Triathlon Org. with the coverage limits according to the Colorado State Parks Special Activity Agreement as well as Larimer County Special Activity agreement.
- 4.) The Sanitation requirements and needs previously discussed and agreed upon with Lory State Park will include the park facilities/restrooms being open and available to use. Additionally, WLP will provide temporary Port-o-lets at the Start/transition area, and at the finish line area at Soldier Canyon. According to the direction of Lory State Park, and the recommendation of the port-o-let rental company there will be 1 restroom unit available for every 50 athletes. These will be strategically placed with 6-8 port-o-lets at the transition/start area, and 2 at the finish area. Additionally, Lory State Park restroom facilities are available and open for use with their permanent restrooms located at the finish area. 4 of these units are ADA compliant.

- 5.) After our initial discussion with park staff we do not foresee any Public Safety Issues/Conflicts with other park visitors. Park entry and parking for the racers and spectators has been discussed with maximum limits in place and designated parking areas available. Park entrants will be provided with a pre-approved entry certificate. WLP will include a dashboard vehicle pass with race registration materials. Racers will place pass inside their vehicle identifying their vehicle as part of the special event. Without Limits Productions will contract Great Events Parking company to handle parking direction for the athletes, security of the transition areas, and all other areas used during the event will be the responsibility of WLP staff.
- 6.) Food for the athletes/spectators will be located at the finish area, and be provided by Wahoo's Fish Taco's Catering. Water and electrolyte drinks will also be located at the finish area. A Health Certificate will be provided to the park in the event a food vendor is utilized and it is required.
- 7.) Event registration is handled both online and through mail in registration forms. Racedirectorsolutions.com online registration will be used for registration. Direct registration links and downloads will be on our website www.withoutlimits.com.
- 8.) Marketing and Promotion of the event currently consists of the XTERRA Lory Course preview video, email, print posters and registration forms distributed throughout Colorado, targeted magazine ads (Competitor magazine, etc...), all pertinent website postings, Racing Underground's Timing website calendar, USAT and regional calendars. Additionally the race will be listed on the international website of XTERRA Planet (www.xterraplanet.com) and the American Tour. Xterra is the licensing entity, with the race owned and produced by Without Limits Productions in accordance with the best practices developed by WLP, USAT, XTERRA, Lory State Park, and Horsetooth Res. Agencies. All printed materials must be pre-approved by park management prior to distribution.

Notifications:

A notification sign is usually posted at the park entrance 1 week prior to the event to notify visitors of trail closures, event time and date. Additional signage at the Horsetooth Park entrance will be posted on the day prior to the event for notification that a race is in progress.

Courses:

All of the event will take place within Lory State Park and Horsetooth Reservoir.

Transition Area:

The transition area is a secured area where the athletes temporarily store their gear to transition between disciplines. The TA will be placed near the East Valley Trail area, approximately 100-200 meters west of North Eltuck Bay. Lory State Park will mow the transition area prior to the race (no later than 3 days prior to the event as to allow time for WLP to remove any excess cacti after mowing).

Swim course:

The swim portion of the event will take place within the Horsetooth Reservoir, Eltuck Bay. The course length is to be set at 880 meters, delineated by large inflatable orange buoys. With the approval of Horsetooth Res. we will put in place the temporary anchors with small 6" round slalom course buoys the evening prior to the race. The morning of the race we can quickly clip on the large orange buoys.

Additional Swim Course Safety Contingency plan is attached, and can be modified to include any best practices that either Horsetooth Res. or Lory State Park have identified or would like to be included in the race plan. The Larimer County Dive Rescue team will be on hand for additional swim course safety support in addition to the normal lifeguard requirements set by USAT.

Bike Course:

The off-road bike course will utilize the agreed upon designated trails in Lory State Park. The bike course is 12 miles in length. In the event a change needs to take place due to weather, the dirt road or other trail will be used with the direction of park staff.

Run Course:

The trail run will utilize the agreed upon designated trails in Lory State Park. The run course is a counterclockwise loop totaling 8 Kilometers in length. Trail map attached.

Finish Area/Awards Ceremony:

The Finish area will be just inside the entrance to Soldier Canyon off to the left. There will be a temporary blow up arch to delineate the finish line, a 10x10 pop-tent for the timing crew located next to the finish arch. An inflatable slip n slide will be located just after the finish line to one side. Finishers will be able to run through as normal or jump into the slip n slide as another option. The slip n slide is a self-contained unit with a collection pool at the end. The unit is 8'x30' and has a tarp to cover the ground. The awards ceremony, post-race food, and expo area are also at the Soldier Canyon area.

Liquor: No alcohol of any kind is served at this event

Parking and traffic plan: All parking for this event takes place inside Lory State Park. We utilize a professional parking crew to guide athletes in by 6:45am. All athletes need to be inside the park by this time to pick up their race number. Any athletes arriving late will not be allowed to race and be forced to pay the daily park entrance fee if they'd like to spectate. All parking takes place in designated parking spaces inside the park, and along one-side of the park road in accordance with approval by the park rangers.

Event purpose: competitive recreation to promote a healthy and active endurance lifestyle

Event type: for profit with charitable donations to local non-profits who support the event.

Impact to visitors and Natural Resources Staff: We keep the time-frame of the event short so all daily users to Lory State Park have full access to the park trail system. In the event's 16 year time-frame we've also never utilized Natural Resources Staff.