



Bike MS, Colorado's Ride 2019 will take place June 29 and 30, 2019. Bike MS is a charity ride benefiting those living with multiple sclerosis. An estimated 3,000 cyclists and 650 volunteers will participate in the 2-day, 150-mile ride that begins and ends at Front Range Community College in Westminster, and overnights in Ft. Collins. Colorado State University will play host to the cyclists on Saturday night in Ft. Collins. Cyclists will be afforded an optional century route at the end of Day 1. Cyclists will travel on road and mountain bikes as well as a few tandems. The riders will be supported by rest stops every 10 - 16 miles as well as support vehicles (SAG) for the duration of the ride. Additional route services will include marshals, medics, ham operators, staff, and ride officials. These vehicles will range from mini-vans to sprinters, motorcycles, and a handful of personal vehicles.

### **Preliminary Operations Information**

**Event Start/Finish:** The 2019 Bike MS is designed as a loop, starting and ending in Westminster at Front Range Community College.

**Parking:** Parking for cyclists participating in the ride will be available at Front Range Community College. Limited parking will also be available at rest stops along the route for rest stop volunteers and medical crew.

**Medical:** Each rest stop along the route will have a medical station and crew. There will be Riding Medics as well as a Tour Doctor along the route for any medical emergencies. All Hospitals and Emergency Response Teams in close proximity of the route will be contacted and briefed in advance about the ride.

Our Race Medical Coordinator, Steve Drago, will contact Hospitals and Emergency Response Teams in proximity of the route to brief staff approximately 1-2 months prior to the ride. If needed, Steve can be reached via email at [StevenDrago@Centura.Org](mailto:StevenDrago@Centura.Org).

**Sanitary Facilities:** Each rest stop will have 10-15 port-a-lets, depending on the location along the route. All port-a-lets will be provided by a professional waste management vendor. All trash produced by the event will be placed in the port-a-lets and disposed of by United Site Services.

**Communications:** Amateur HAM radio operators will be at Command Central located at each rest stop, the start/finish line, SAG vehicles, and assigned to key staff along the route such as the Tour Manger, Tour Doctor, etc. MS Society staff and volunteers will also communicate via cell phone, Nextel two-way radios, FM, and HAM radios.

**Public Safety:** The entire route will be signed by official National MS Society route markers and volunteers will be assigned as intersection safety controllers (i.e. Road Marshals) at predetermined intersections. Volunteers that are certified by the League of American Bicyclists will also participate as Ride Officials. City Police will be contracted to provide assistance where necessary within their jurisdiction and Colorado State Patrol will be contracted to support the event in its entirety.

**Traffic Control Plan & Course Map:** See attached route logs and maps to view our proposed route. Road Marshals will be stationed at busy intersections to help the flow of the ride. Cyclists are to obey all traffic laws. No street closures are necessary for this event and no residential properties will be impacted. A professional Traffic Control Company will instruct us to where we need signage.

### **Contact Person:**

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