Larimer County Extension Advisory Committee Minutes
January 4, 2017

Members present: Harry Love, Ronda Koski, Sue Ballou, Pam Harrold, LaVon Blaesi, Dixie Dick, Laurel Kubin, Sue Schneider and Fred McClanahan, Jr.

Excused: Susan Bonsall

Chair Dixie Dick called the meeting to order at 8:05 a.m.

Minutes of the November 2 meeting were corrected and approved.

Agent Update

Sue Schneider, Extension Agent, Family & Consumer Science, gave a report about programs and partnerships she is working with in Larimer County.

Community Outreach
- Conducted 39 formal interviews with non-profit, county and community leaders
- Participated in four community coalitions

CSU Outreach
- Met with 15 faculty members in three Health and Human Sciences departments re: Grandfamilies Raising Grandchildren, Healthy Aging, Aging Services Assessment, Diabetes Health Behavior Change, Insomnia among Veterans, Pleasure / Productivity / Restoration, Todos Santos (international outreach), and Healthy & Resilient Youth.

Grandfamilies Raising Grandchildren

GRANDCares Program
- Helped develop site coordinator training manual and orientation
- Spearheaded successful outreach and recruitment campaign in fall
- Building out website and community resources for grandfamilies
- Contributing to youth curriculum for grandchild component

Larimer County Alliance for Grandfamilies
- Spearheaded collaboration between LCAG and Vida Sana
- Spearheaded development of resource guide for Spanish speakers
- Spearheaded grant proposal to Brookdale Foundation to support work of LCAG and Grand Family Coalition
Healthy Aging

Partnership for Age-Friendly Communities
• Contribute to Steering Committee: strategic planning, transition to 501C3
• Serve on volunteerism team: systems for recruitment, training, tracking
• Serve on Health & Wellness Priority group: strategic planning

Senior Access Points Project
• Spearheaded successful grant writing process; awarded $5000 through HDFS
• Project will build volunteer outreach program and county campaign to connect local residents and their families to aging-related resources.

Health & Wellbeing

Community Classes
• Tame your Stress: A Mindful MAP
• Change your Brain for the Good
• Make it Stick
• Life Reimagined
• Eighteen classes with 217 participants

County & Department Wellness
• BAM representative
• Facilitated 18 Extension lunch-n-learn classes in 2016
• Brought a range of wellness workshops, classes, and campaigns to Extension

Community Awareness
• The Spending Pause
• Reducing Stress of the Holidays
• Grandparents Raising Grandchildren
• Mindful Self-care Videos

Extension Showcase Debrief
Harry Love did a great job facilitating.
Speakers were great
Videos of presentations are on our website

Election of Officers
Harry Love was nominated and elected the new chair
Pam Harrold was nominated and elected the new vice-chair
Committee Member Recruitment
Committee members were encourage to have others apply to the Extension Advisory Committee. Applications can be found on the Commissioner’s page at larimer.org

Director’s Report
The Larimer County Extension Office is fully staffed with a great staff. Training for the Master Gardener program will start in mid-January. FLTI will begin soon with 15 adults and 22 youth participating. The Larimer County 4-H Carnival will be March 18 at The Ranch.

Trends and Issues
Legally Secure Your Financial Future and Getting Your Personal Affairs in Order would be beneficial programs. It’s Time to get started on getting your income tax returns completed. Feb 11 – Native Plant Master Conference – The Ranch March 4 – High Plains Landscape Workshop

Meeting Adjourned at 9:25am

Next meeting will be 8:00am on Wednesday, March 1, 2017.

Submitted by Fred McClanahan, Jr.